

Contact

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Top Skills

Manual Therapy

herbalist

acupuncture

Tae Rim. MAcHM, L.Ac.

Lead Acupuncturist & Integrative Therapist at Harmony Wellness Clinic LLC

Potomac, Maryland, United States

Summary

Licensed Acupuncturist, Herbalist, and Manual Therapist dedicated to providing personalized, patient-centered integrative care. Experienced in acupuncture, manual therapy, pain management, mobility support, rehabilitation, stress reduction, and holistic wellness. My approach combines traditional East Asian medicine with practical, individualized treatment strategies to help patients relieve discomfort, improve movement, restore balance, and enhance overall quality of life. I am especially interested in supporting adults and older adults through compassionate, accessible, and comprehensive wellness care. Areas of Focus: Acupuncture • Herbal Medicine • Manual Therapy • Pain Management • Mobility & Rehabilitation • Stress Management • Senior Wellness • Integrative Care

Experience

Harmony Wellness Clinic LLC

Director of Acupuncturist & Integrative Therapist

September 2026 - Present (2 months)

Rockville, Maryland, United States

Lead acupuncture and integrative therapy services

Manage and supervise clinical practitioners and support staff

Coordinate daily clinical operations and patient-care workflows

Establish treatment and service quality standards

Provide acupuncture, herbal medicine, and manual therapy

Support practitioner training and team development

Collaborate with ownership on clinic strategy and expansion

Develop wellness and rehabilitation programs for individual clients and senior-focused care

Build relationships with healthcare providers, senior communities, and community partners

AOM Clinic

Acupuncturist & herbalist (Manual Therapist)

December 2017 - July 2026 (8 years 8 months)

Annandale, Virginia, United States

Provided patient-centered acupuncture and manual therapy services with a focus on pain management, mobility, rehabilitation, stress reduction, and overall wellness. Conducted patient assessments, developed individualized treatment plans, and utilized integrative therapeutic approaches to support recovery and improve quality of life.

Key Highlights:

Provided acupuncture treatments for musculoskeletal pain, tension, mobility concerns, and wellness support

Performed manual therapy techniques to improve circulation, flexibility, and functional movement

Developed personalized care plans based on patient symptoms, health history, and treatment goals

Supported patients with chronic pain, stress-related conditions, and rehabilitation needs

Educated patients on lifestyle, wellness, and preventive care strategies

Maintained accurate clinical documentation and professional patient confidentiality

Collaborated with patients to track progress and adjust treatment plans as needed

Specialties: Acupuncture • Manual Therapy • Pain Management • Mobility & Rehabilitation • Stress Management • Integrative Wellness • Patient-Centered Care

Education

Columbia College of Massage Therapy

Korea Maritime & Ocean University

Bachelor's Degree, Marine Sciences

Virginia University of Integrative Medicine

Master's Degree, Accunpuncture